Written by Christina Silvestri

Lines, wrinkles and brown spots are some of the most obvious and unforgiving telltale signs of aging skin.

Though it may seem like you've tried everything – from overpromising and underperforming creams and potions – there is, in fact, an effective and easy solution to visibly reduce the peskiest signs of aging.



Introducing Fraxel – a moderately intense resurfacing laser that delivers on its promise to reverse the visible effects of aging, sun damage and even acne scars and actinic keratosis, a common pre-cancerous skin condition.

As the Valley's go-to cosmetic dermatologist, Van Dyke Aesthetics in Paradise Valley offers the FDA-approved laser technology treatment that can be administered anywhere on the body.

Put your best face forward as crow's feet and brow lines disappear, rock a swimsuit and say bye-bye to scarring and stretch marks, and minimize brown spots on hands to snap the perfect engagement ring selfie.

"Fraxel is a treatment that's easier than a deep laser," said Dr. Susan Van Dyke. "This means there's only a few days of redness and swelling after treatment."

Generally only a single one-hour treatment is needed to see results, though Dr. Van Dyke said that sometimes a series of two or three treatments are recommended depending on the severity of the problem.



Though Fraxel is ideal for most skin types, it is most effective on fair-skinned candidates.

"Fraxel is ideal for a fair-skinned person with moderate sun damage and brown spots," Dr. Van Dyke said.

For over 30 years, Van Dye Aesthetics has been a leader in injectable and energy based devices for face and body, as well as physician grade skin care. Dr. Van Dyke is a board-certified dermatologist who also lectures and trains physicians around the world.

For those interested in Fraxel, Dr. Van Dyke recommends first scheduling a complimentary consultation to discuss your desires and needs to determine if Fraxel is right for you.

To schedule your free consultation, or for more information, please call 480-948-5045, or visit www.vandykeaesthetics.com.

Van Dyke Aesthetics is located at 5206 N. Scottsdale Rd, Paradise Valley, AZ 85253