

# Eco-Friendly Beauty Products

Written by By: Vanja Veric

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Women have always been adamant about their beauty regimen. We look for products that make us look and feel our best, but what if you could get products that not only help you stay beautiful, but are actually good for the environment? For Earth Day (April 22), we're breaking down the best eco-friendly hair, skin and makeup products.

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Soft, shiny, healthy hair comes from quality products. Hair care items made with natural ingredients and free of harsh chemicals not only protect your signature style but benefit Mother Nature as well.

**All Natural Shampoo:** Aveeno Active Naturals Nourish and Shine Shampoo

This all-natural shampoo infused with Nourishing Wheat Complex and Shine Enhancing Palm Extract, is formulated to replenish your hair with moisture while removing dirt and oil and preventing build up given dull, damaged hair life and shine .And, as an added bonus, all bottles and packaging are 100 percent recyclable.

[www.aveenostore.com](http://www.aveenostore.com).

**Clarifying Conditioner:** Burt's Bees Super Shiny Grapefruit & Sugar Beet Conditioner

Burt's Bees, known for its natural skin care products, offer this unique combination of grapefruit and sugar beets to bring a healthy shine to your hair. The grapefruit oil in this formula helps tone and stimulate your scalp for hair that is healthier from the inside out.

[www.burtsbees.com](http://www.burtsbees.com).

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## Skin Care

There is no more cared-for and stressed-about part of a woman than her skin. Women want effective products that won't irritate their skin and will leave them feeling fresh and clean everyday.

**Full Line:** One Love Organics

One Love Organics is a natural, environmentally driven cosmetics company that produces handmade products from raw materials. Its products are light and chemical-free so you will always know what's being put onto your skin. The skin care line includes many products like their Easy Does It Foaming Cleanser, Brand New Day Microderma Scrub & Masque and Skin Savior Waterless Beauty Balm that will moisturize, cleanse, condition and exfoliate your skin.

[www.oneloveorganics.com](http://www.oneloveorganics.com).

**Cleanser:** Ole Henriksen Aloe Vera Deep Cleanser

Aloe vera has many known skin benefits, the most popular being soothing sunburned skin. However, this power ingredient can do so much more. It is instrumental in treating oily or acne-prone skin naturally. Ole Henriksen's cleanser is invigorated with vitamins and chamomile to soothe skin and deliver a fresh, clean look without dehydrating skin or leaving your pores clogged.

[www.olehenriksen.com](http://www.olehenriksen.com).

**Body Lotion:** Yes To Carrots Nourishing Body Lotion

This daily moisturizing body lotion will get your dry, winter-roughed skin ready to travel through spring and summer with confidence. The natural product is appropriate for all skin types, made with safflower seed oil, a natural skin softener rich in linoleic acid, and is perfect for hydrating dry skin. With infusions of carrots, pumpkins and sweet potatoes, this product not only heals skin but provides a natural source of vitamin A and beta carotene to restore skin to a healthy natural glow. Yes to Carrots promises no animal testing and a product free of harsh chemicals.

[www.yestocarrots.com](http://www.yestocarrots.com).

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### Sun Screen: Kiss My Face Spray on Sunscreen SPF 30

This water-resistant SPF formula oil offers protection against harsh rays and is formulated with palm oil to keep skin hydrated. Its spray-on formula ensures smooth application without that sticky feeling and its natural mineral infusions and all vegan production ensure guilt-free product enjoyment as the company promises no animal testing or animal ingredients.

[www.kissmyface.com](http://www.kissmyface.com).

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### **Makeup**

Cosmetics are meant to enhance a woman's beauty and should be just as good for her body as they are beautiful. Naturally produced, simple products ensure gorgeous application without the worry of clogged pores and irritation or harsh chemical side effects.

### Concealer: geoGirl ES (Erase Screen) Cream Concealer

In a compact little pack, this creamy concealer is great for on-the-go touch-ups. Made with all-natural calendula to soothe and calm skin, geoGirl concealer covers blemishes, dark spots and smoothes the overall look of skin.

[www.geogirl.com](http://www.geogirl.com).

### Lip Treatment: Vapour Organic Beauty Lux Organic Lip Conditioner

This USDA-certified 100 percent organic formula is the ultimate treatment for smooth, hydrated lips. Lux Organic restores vital nutrients to lips and helps protect from environmental factors and moisture loss. The organic Jojoba oil-infused lip conditioner nourishes dry lips with its infusion of antioxidant Helichrysum flower, anti-inflammatory Lemon Balm, and restorative Organic Calendula flowers.

[www.vapourbeauty.com](http://www.vapourbeauty.com).

### Powder: Bare Escentuals Bare Minerals Foundations

This award-winning, SPF 15 powder foundation offers complete yet breathable coverage without irritating chemicals and preservatives. Offered in original and a new matte formula for looking for shine-free coverage, Bare Minerals offers and iridescent finish that not only makes your skin look good but is actually good for your skin with quality mineral ingredients; it's a perfect combination of flawless makeup and skincare.

[www.bareescentuals.com](http://www.bareescentuals.com).

### Cosmetics Company: Lush Cosmetics

A brand that prides itself in making effective products from fresh, organic fruit and vegetables, the finest essential oils and safe synthetics. Lush boasts that all their products and fragrances were invented by their team and made fresh by hand using little or no preservatives or packaging, and using only vegetarian ingredients. With stand out products like their ocean salt cleanser, dream cream body lotion and R&B hair moisturizer, this is a company who epitomizes eco-friendly with quality gentle products.

[www.lushusa.com](http://www.lushusa.com)

Keep your beauty regimen simple and natural for results that not only make you look and feel beautiful, but offer some benefits for the planet as well. Now tell us, what are some of your favorite eco-friendly beauty products?

### A Beauty Essential: LastObject

LastObject has come up with a beauty version of [reusable cotton Q tip](#), for your everyday makeup routine. You just need to wash it with soap and water and you can go ahead and use it over 1000 times.